




GYRIG Alexandria 5k

Start: Inside FH Park

- Circle the Park
- Exit the Park
- Left Old FH Road
- Right on Winthrop
- Left on Potomac
- Left on Plymouth
- Left on Old FH Road
- Right into FH Park
- Circle Park Again
- Finish in Park

-  1st Lap
-  2nd Lap
-  Race Pavilion
-  Water Stop



Tony Snow Mile for a Miracle

Start: Inside FH Park

- Circle the Park
- Finish in Park